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# Addressing Moral Confusion

# A new catechetical workbook designed for parents, teachers and youth directors!

A "pre-apologetics" supplemental workbook that addresses the moral confusion and cultural relativism our youth will face

This workbook targets specific tendencies and thinking today that must be identified and dealt with early in any catechetical program, BEFORE one has the ability to receive the faith through usual catechesis.

In nine short sessions you will cover key topics such as ...

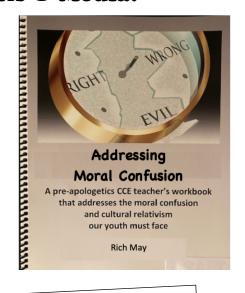
- 1. The Morality of Opinion..
- 2. "Do no Harm" vs. Good & Evil.
- 3. Relativism (distinguishing right from wrong).
- 4. Natural Religion, Natural Law & Conscience.
- 5. The Quest for Certitude. What is really important?
- 6. The problem of Evil and Suffering. Why does God permit it?
- 7. Is there something beyond the 5 senses?
- 8. The World of Make Believe. Thinking logically.
- 9. Distinguishing Unjust Laws vs. what is culturally acceptable.

Our youth will encounter these issues every day as they further their education and eventually enter the workplace. It is a secular culture with no moral absolutes. They are unprepared to face challenges they will encounter in our culture. Many lack the ability to think logically or get their own facts.

Therefore, we must have an idea of how our youth think today, how they reason and approach the various moral and ethical situations that arise. They are affected by the culture in which they live.

Much of the confusion is caused by disordered thinking of what is real and true. The youth substitute reality with something that is of our own imagining. It is a failure to think as we should, as we were made to think. At the core of this spiritual disorder is the willful turning away from God that otherwise we call evil and sin. We have to prepare them in our homes, parishes and universities.

Such is the goal of this workbook ... to allow our youth to receive catechetical instruction without being bogged down by the mindset of today and more open to the truth of the Gospel of Christ and His Church. This workbook uniquely addresses these challenges, drawing from *The Catechism of the Catholic Church*, as well as great theologians and philosophers including C.S. Lewis, G.K. Chesterton, Fulton Sheen, St. John Cardinal Newman and others knowledgeable in moral psychology and human behavior.





Session 1 Morality of Opinion

# **ABOUT THE AUTHOR**



A former Air Force pilot, Rich May is a retired aerospace engineer by profession. He has a BA in Pastoral Theology from the University of St. Thomas in Houston and an MA in theology from the Franciscan University in Steubenville Ohio. He has appeared several times on the Eternal Word Television Network (EWTN) and often on Catholic radio with a live weekly show on Radio Maria. With an approbation from the Archdiocese of Galveston-Houston, he speaks locally and nationally. He has 35 years experience teaching catechesis at all levels and has authored several booklets including *The Rosary a Prayer For All Christians* and *The Rosary a Prayer for All Native Peoples*. Currently he is teaching the youth how to courageously respond to the counter-culture.

### **Testimonials**

"Rich May's book entitled *Addressing Moral Confusion* should be a widely used tool that can help young people today navigate our fractured world. I recommend it to all who are charged with sharing the truth of Jesus Christ with the next generation."

- Bishop Joseph E. Strickland, Bishop Emeritus, Diocese of Tyler, Texas

"In Addressing Moral Confusion, Rich May responds to various forms of moral relativism and 'group thinking' that are prevalent in the world today. Drawing upon logic, the natural law, Scripture, and Catholic tradition, he exposes the fallacious arguments used to defend abortion, gender ideology, and other harmful movements. Even those who might dispute certain matters of empirical data will benefit from this book. Rich May not only provides moral arguments; he also incorporates prayers and devotions—especially to the Virgin Mary—that support wisdom, virtue, and holiness." — Dr. Robert Fastiggi, Professor of Dogmatic Theology, Sacred Heart Major Seminary, Detroit

"In a world with so much confusion, Addressing Moral Confusion provides the reader with the tools to engage the errors and challenges the faithful are facing." – I. Aguilera, Catholic Classical School Principal

"As a parish educator, I believe *Addressing Moral Confusion* fills a profound void in Catholic moral instruction for youth by giving young Catholics the foundational moral principles, fundamental truths, and intellectual tools with which to understand the reality of absolute moral truth as taught by the Catholic Church and to recognize the counterfeit morality of today's modern, secular culture." – J. Barros, Retired Director of Parish Faith Formation

"As a homeschool parent who has taught my children from K to 12, I have found Rich May's *Teachers Workbook* to be an excellent, concise and engaging teaching resource that should be used in every school curriculum."

#### - F. Dunne, Homeschool Parent

"Rich May has written a manual to stress and arrest the dire circumstances that are swiftly losing a whole generation of children trapped in social and cultural milieus that are fast bankrupting themselves of every traditional moral and spiritual rectitudes, and systematically capitalizing on the children's vulnerability to feed them with the worst forms of relativisms ever known in human history." — Fr. R. Nwankwo, PhD.

"This is Moral teaching at its finest. Each chapter in itself is foundational, yet each chapter builds on the previous foundational chapter so that what you end up with is a solid understanding of God's Truth as it pertains to Moral Law. These are truly solid building blocks that could be used in any Catholic teaching program."

#### - K. Kerne, Catholic Catechist

"Rich May's genius for clarity and timeliness is demonstrated through the scholarly and well-informed portrayal of these critical issues, the necessity for us to grasp and understand the issues, and the motivation for us to take zealous action! Well Done! Highly recommended!!" – R. Lochner, USMC retired, Catholic Educator and Author